

January 2022

Bingham Road Baptist Child Development Center & Academy

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 BREAKFAST: Cheerios's w/Milk Juice LUNCH: Potato Soup Crackers Cheese & Bacon Peaches SNACK: Yogurt & Graham Crackers	4 BREAKFAST: Sausage Biscuits Tropical Fruit LUNCH: Vegetable Beef Soup Crackers w/cheese Pears SNACK: Popcorn & Juice	5 BREAKFAST: Blueberry Muffin Apple Sauce LUNCH: Pizza Sticks & Corn Celery w/PB Pineapple SNACK: Crackers & Apples	6 BREAKFAST: Sausage & Toast Peaches LUNCH: Chicken & Dumplings Sweet Peas Corn Bread Mixed Fruit SNACK: Graham Crackers & PB	7 BREAKFAST: Waffles Mandarin Oranges LUNCH: Beef Sticks & Roll Mashed Potatoes Black Eyed Peas Peaches SNACK: Crackers & Apples	8
9	10 BREAKFAST: Cheerios's w/Milk Juice LUNCH: Macaroni & Cheese Green Beans Brownies Pineapple SNACK: Crackers Carrot Sticks w/Ranch	11 BREAKFAST: Pancakes Apple Slices LUNCH: Chili Celery w/ PB Crackers & Pears SNACK: Nutri-Grain Minis Juice	12 BREAKFAST: Scrambled Eggs Pineapple LUNCH: Meat Nachos Green Beans Cucumbers & Peaches SNACK: Rice Krispy Treat Juice	13 BREAKFAST: Biscuits & Gravy Apple Sauce LUNCH: Chicken Nuggets Mashed Potatoes Corn & Roll Mixed Fruit SNACK: Townhouse Crackers & Cucumbers	14 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Sloppy Jo & Chips Mixed Veggies Pineapple SNACK: Graham Crackers & Bananas	15
16	17 BREAKFAST: Cheerios's w/Milk Juice LUNCH: Chicken Quesadilla Black Beans Salsa & Lettuce Peaches SNACK: Yogurt & Graham Crackers	18 BREAKFAST: Sausage Biscuits Tropical Fruit LUNCH: Taco Soup Crackers Cheese Pears SNACK: Popcorn & Juice	19 BREAKFAST: Blueberry Muffin Apple Sauce LUNCH: Mini Corn Dogs Baked Beans & Chips Mixed Fruit SNACK: Crackers & Apples	20 BREAKFAST: Sausage & Toast Peaches LUNCH: Hot Dog w/bun Chips & Pickle Spears Carrot Sticks Apple Slices SNACK: Graham Crackers & PB	21 BREAKFAST: Waffles Mandarin Oranges LUNCH: Sliced Ham & Cheese Sandwich Chips, Pickles, Carrots Cucumbers Pineapple SNACK: Crackers & Apples	22
23	24 BREAKFAST: Cheerios's w/Milk Juice LUNCH: Hamburger Chips & Pickle Slices Apple Slices SNACK: Crackers Carrot Sticks w/Ranch	25 BREAKFAST: Pancakes Apple Slices LUNCH: Chicken Noodle Soup PBJ Sandwich Carrot Stick Crackers & Pears SNACK: Nutri-Grain Minis Juice	26 BREAKFAST: Scrambled Eggs Pineapple LUNCH: Taco & Carrots Refried Beans Lettuce & Cheese Salsa & Mixed Fruit SNACK: Rice Krispy Treat Juice	27 BREAKFAST: Biscuits & Gravy Apple Sauce LUNCH: Spaghetti Meat Balls Garlic Bread Green Beans & Peaches SNACK: Townhouse Crackers & Cucumbers	28 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Scrambled Eggs Bacon Biscuit Tropical Fruit SNACK: Graham Crackers & Bananas	29
30	31 BREAKFAST: Cheerios's w/Milk Juice LUNCH: Fish Sticks Mashed Potatoes Sweet Peas Cucumbers & Peaches SNACK: Yogurt & Graham Crackers					
				MILK SERVED DAILY		