

July 2022

Bingham Road Baptist Child Development Center MENU

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------|--|---|---|---|---|----------|
| MILK SERVED DAILY | | | | | 1 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Hamburger w/cheese, Chips, Pickle Slices Mixed Fruit SNACK: Goldfish & Juice | 2 |
| 3 | 4 CENTER CLOSED! HAPPY 4th! | 5 BREAKFAST: Pancakes Mandarin Oranges LUNCH: Chicken Patty Sandwich Chips, Pickle Slices Mixed Fruit SNACK: Graham Crackers PB | 6 BREAKFAST: Sausage & Toast Pineapple LUNCH: Hot Dog w/bun Chips Pickle Spear Melons & Pineapple SNACK: Slim Jims & Crackers | 7 BREAKFAST: Blueberry Muffin Mandarin Oranges LUNCH: Fish Sticks Mashed Potatoes Cucumbers Apple Slices SNACK: Nutri-Grain Minis Juice | 8 BREAKFAST: Cheese Toast Apple Sauce LUNCH: Turkey & Cheese Sandwich Chips & Pickles Carrots & Peaches SNACK: Banana & PB | 9 |
| 10 | 11 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Grilled Chicken Rice & Green Peas Peaches SNACK: Cucumbers & Crackers | 12 BREAKFAST: Sausage Biscuits Banana LUNCH: Macaroni & Cheese Green Beans Brownies Pears SNACK: Cinnamon Toast Crunch & Milk | 13 BREAKFAST: Scrambled Eggs Apple Slices LUNCH: Mini Corn Dogs Baked Beans Chips Mixed Fruit SNACK: Wheat Thins w/cheese | 14 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Pizza & Corn Celery w/PB Pineapple SNACK: Goldfish & Juice | 15 BREAKFAST: Waffles Apple Sauce LUNCH: Chicken Quesadilla Black Beans Salsa/Lettuce Peaches SNACK: Graham Crackers & Banana | 16 |
| 17 | 18 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Chicken Patty Sandwich Chips, Pickle Slices Apricots SNACK: Graham Crackers PB | 19 BREAKFAST: Pancakes Apple Slices LUNCH: Meat Nachos Green Beans Cucumbers Mixed Fruit SNACK: Nutri-Grain Minis Juice | 20 BREAKFAST: Sausage & Toast Pineapple LUNCH: Turkey & Cheese Sandwich Chips & Pickles Carrots & Peaches SNACK: Slim Jims & Crackers | 21 BREAKFAST: Blueberry Muffin Mandarin Oranges LUNCH: Hamburger w/cheese, Chips, Pickle Slices Mixed Fruit SNACK: Popcorn Juice | 22 BREAKFAST: Cheese Toast Apple Sauce LUNCH: Spaghetti & Meat Balls Green Beans Peaches SNACK: Banana & PB | 23 |
| 24 | 25 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Taco, Corn Refried Beans Lettuce/Cheese Salsa & Pineapple SNACK: Graham Crackers PB | 26 BREAKFAST: Sausage Biscuits Pineapple LUNCH: Tomato Soup Grilled Cheese Sandwich Crackers Apple Slices SNACK: Goldfish & Juice | 27 BREAKFAST: Scrambled Eggs Apple Slices LUNCH: Macaroni & Cheese Green Beans Brownies Pears SNACK: Wheat Thins w/cheese | 28 CENTER CLOSED Training | 29 CENTER CLOSED Training | 30 |