

October 2020

Bingham Road Baptist Child Development Center & Academy MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 BREAKFAST: Blueberry Muffin Mandarin Oranges LUNCH: Grilled Chicken Rice & Green Peas Peaches SNACK: Rice Krispie Treat & Juice	2 BREAKFAST: Cheese Toast Apple Sauce LUNCH: Hot Dog w/bun Chips Pickle Spear Pineapple SNACK: Banana & PB	3
4	5 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Chicken Alfredo Broccoli Apricots & Roll SNACK: Yogurt / Water Blueberries	6 BREAKFAST: Pancakes Apple Sauce LUNCH: Vegetable Beef Soup & Crackers Cheese & Pears SNACK: Popcorn & Juice	7 BREAKFAST: Sausage & Toast Pineapple LUNCH: Pizza & Corn Celery w/PB Pineapple SNACK: Slim Jim's & Crackers	8 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Fish Sticks Mashed Potatoes Cucumbers Apple Slices SNACK: Crackers & Cucumbers	9 BREAKFAST: Waffles Apple Sauce LUNCH: Chicken Patty Sandwich Chips, Pickle Slices Mixed Fruit SNACK: Crackers w/cheese	10
11	12 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Ravioli Green Beans Roll & Pears SNACK: Crackers Carrot Sticks	13 BREAKFAST: Sausage Biscuits Apple Sauce LUNCH: Chicken Noodle Soup & Crackers Cheese & Peaches SNACK: Nutri-Grain Minis Juice	14 BREAKFAST: Scrambled Eggs Apple Slices LUNCH: Macaroni & Cheese Green Beans Brownies Apple Slices SNACK: Graham Crackers & PB	15 BREAKFAST: Blueberry Muffin Mandarin Oranges LUNCH: Hamburger w/cheese, Chips, Pickle Slices Pineapple SNACK: Rice Krispie Treat & Juice	16 BREAKFAST: Cheese Toast Apple Sauce LUNCH: Mini Corn Dogs Baked Beans Chips Mixed Fruit SNACK: Banana & PB	17
18	19 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Chicken Quesadilla Black Beans Salsa/Lettuce Peaches SNACK: Yogurt / Water Blueberries	20 BREAKFAST: Pancakes Apple Sauce LUNCH: Spaghetti & Meat Balls Green Beans Pineapple SNACK: Popcorn & Juice	21 BREAKFAST: Sausage & Toast Pineapple LUNCH: Mini Corn Dogs Baked Beans Chips Mixed Fruit SNACK: Slim Jim's & Crackers	22 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Tomato Soup Grilled Cheese Sandwich Crackers Apple Slices SNACK: Crackers & Cucumbers	23 BREAKFAST: Waffles Apple Sauce LUNCH: Turkey & Cheese Sandwich Chips & Pickles Carrots & Peaches SNACK: Banana & PB	24
25	26 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Chicken Nuggets Mashed Potatoes Corn Peaches SNACK: Crackers Carrot Sticks	27 BREAKFAST: Sausage Biscuits Apple Sauce LUNCH: Tuna Casserole Celery w/PB Green Peas Apple Slices SNACK: Nutri-Grain Minis Juice	28 BREAKFAST: Scrambled Eggs Apple Slices LUNCH: Taco, Corn Refried Beans Lettuce/Cheese Salsa & Pineapple SNACK: Graham Crackers & PB	29 BREAKFAST: Blueberry Muffin Mandarin Oranges LUNCH: Macaroni & Cheese Green Beans Brownies Pears SNACK: Rice Krispie Treat & Juice	30 BREAKFAST: Cheese Toast Pineapple LUNCH: PBJ Sandwich Chips & Celery Carrots Stick Apple Slices SNACK: Crackers w/cheese	31

MILK SERVED DAILY