

September 2020

Bingham Road Baptist Child Development Center & Academy MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
MILK SERVED DAILY		1 BREAKFAST: Sausage Biscuits Apple Sauce LUNCH: Grilled Chicken Rice & Green Peas Peaches SNACK: Nutri-Grain Minis Juice	2 BREAKFAST: Sausage & Toast Pineapple LUNCH: Vegetable Beef Soup & Crackers Cheese & Pears SNACK: Slim Jim's & Crackers	3 BREAKFAST: Blueberry Muffin Mandarin Oranges LUNCH: Chicken Alfredo Broccoli Apricots & Roll SNACK: Yogurt / Water Blueberries	4 BREAKFAST: Cheese Toast Apple Sauce LUNCH: Hot Dog w/bun Chips Pickle Spear Pineapple SNACK: Banana & PB	5	
	6	7 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Pizza & Corn Celery w/PB Pineapple SNACK: Yogurt / Water Blueberries	8 BREAKFAST: Pancakes Apple Sauce LUNCH: Chicken Patty Sandwich Chips, Pickle Slices Mixed Fruit SNACK: Popcorn & Juice	9 BREAKFAST: Scrambled Eggs Apple Slices LUNCH: Ravioli Green Beans Roll & Pears SNACK: Graham Crackers & PB	10 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Fish Sticks Mashed Potatoes Cucumbers Apple Slices SNACK: Crackers & Cucumbers	11 BREAKFAST: Waffles Apple Sauce LUNCH: Turkey & Cheese Sandwich Chips & Pickles Carrots & Peaches SNACK: Wheat Thins w/cheese	12
	13	14 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Macaroni & Cheese Green Beans Brownies Apple Slices SNACK: Crackers Carrot Sticks	15 BREAKFAST: Sausage Biscuits Apple Sauce LUNCH: Chicken Noodle Soup & Crackers Cheese & Pears SNACK: Nutri-Grain Minis Juice	16 BREAKFAST: Sausage & Toast Pineapple LUNCH: Chicken Quesadilla Black Beans Salsa/Lettuce Peaches SNACK: Slim Jim's & Crackers	17 BREAKFAST: Blueberry Muffin Mandarin Oranges LUNCH: Spaghetti & Meat Balls Green Beans Pineapple SNACK: Yogurt / Water Blueberries	18 BREAKFAST: Cheese Toast Apple Sauce LUNCH: Mini Corn Dogs Baked Beans Chips Mixed Fruit SNACK: Banana & PB	19
	20	21 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Chicken Nuggets Mashed Potatoes Corn Peaches SNACK: Yogurt / Water Blueberries	22 BREAKFAST: Pancakes Apple Slices LUNCH: Ravioli Green Beans Roll & Pears SNACK: Popcorn & Juice	23 BREAKFAST: Scrambled Eggs Apple Slices LUNCH: Hamburger w/cheese, Chips, Pickle Slices Mixed Fruit SNACK: Graham Crackers & PB	24 BREAKFAST: Cinnamon Bread Mandarin Oranges LUNCH: Tomato Soup Grilled Cheese Sandwich Crackers Apple Slices SNACK: Crackers & Cucumbers	25 BREAKFAST: Waffles Apple Sauce LUNCH: Turkey & Cheese Sandwich Chips & Pickles Carrots & Peaches SNACK: Wheat Thins w/cheese	26
	27	28 BREAKFAST: Cheerios w/Milk & Juice LUNCH: Tuna Casserole Celery w/PB Green Peas Apple Slices SNACK: Crackers Carrot Sticks	29 BREAKFAST: Sausage Biscuits Apple Sauce LUNCH: Taco, Corn Refried Beans Lettuce/Cheese Salsa & Pineapple SNACK: Nutri-Grain Minis Juice	30 BREAKFAST: Sausage & Toast Pineapple LUNCH: Macaroni & Cheese Green Beans Brownies Pears SNACK: Slim Jim's & Crackers			